A₅ solution

H ₃ BO ₃	286	mg
$MnSO_4 \cdot 7H_2O^{1)}$	250	mg
ZnSO ₄ · 7H ₂ O	22.2	mg
CuSO ₄ · 5H ₂ O	7.9	mg
Na ₂ MoO ₄ · 2H ₂ O	2.1	mg
Distilled water	100	mL

¹⁾ In the NIES-Collection, 250 mg MnSO $_4 \cdot$ 7H $_2$ O is replaced by 217 mg MnSO $_4 \cdot$ 5H $_2$ O.

Reference

Holm-Hansen, O., Gerloff, G. C., Skoog, F. 1954 Cobalt as an essential element for blue-green algae. *Physiol. Planta.*, **7**, 665-675.